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Legal Stuff

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Disclaimer

The author of this book is not a trained dog health professional. It is the reader's responsibility to consult with a licensed, practicing Doctor of Veterinarian Medicine (DVM) (or equivalent in your country) before making any changes to your method of feeding, grooming or any other matter of dog care for any dogs for which you have any responsibility or contribute, in any way, to their care.

Introduction

While many dog owners want what's best for their dogs, sometimes little thought

is given to what we feed them.

Loving dog owners, sometimes, get carried away with those touting

advertisements of yummy doggie snacks and gourmet canine goodies. In our

frenzy to spoil our dog rotten, we just love to believe in what the manufacturers'

claim.

If we were to trust the TV and magazine advertisements, all we have to do is

pour some kibble that we buy at the supermarket in the bowl and make sure they

have lots of fresh water.

Nothing could be further from the truth.

In reality, in order to have a happy, healthy life and a long lifespan, your pup

needs quality ingredients, the right nutritional proportions, and something that will

keep him full and satisfied without packing on the pounds.

Some dog owners are lucky to have a veterinarian, who supports the dog

owner's efforts to feed the dog a varied diet that includes vegetables, fruits and

various meats.

For the dog owner, this can be a tough balance to strike, especially when you

factor in the work required of you to make the food. As you know, it's super-easy

to go pick up those bags and cans of chow every week, but you never know

exactly which preservatives go into them and whether or not they're really

satisfying your dogs nutritional needs.

The only way to be absolutely positive of those things is to make the food

yourself.

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In order to make homemade dog food easier and more accessible to the

everyday busy dog mom or dad, we've assembled a free e-book with canine

recipes.

This free e-book offered with the mini course has 4 straightforward and easy

recipes that you can give your dog as a thank you for being such a great buddy.

You'll soon see that one of the best features of these recipes is that many of

them can be made and enhanced by ingredients you already have in your

cupboards.

Bon Appetite....to our pooch!!

TOP FOUR DOG FOOD RECIPES

Recipe 1: Woofys

Ingredients:

- * 1/2 cup milk
- * 1 egg
- * 2 spoons of peanut butter
- * a dash of water
- * 1 1/4 cup brown rice flour

Directions:

- Wix the egg, peanut butter, water, and the milk in to a large bowl.Then pour the brown rice flour in.
- ü Stir well and heat the oven to 350'F.

For more delicious homemade recipes for your dog, learn about "Ultimate Dog Diet Guide"

Recipe 2: Carob Molasses Dog Treats

Ingredients:

- * 6 cups white rice flour
- * 1/8 cup peanut oil
- * 1/8 cup margarine, preferably safflower oil type
- * 1 tablespoon brown sugar
- * 2 oz carob, chips melted

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- * 1 cup water
- * 1/4 cup molasses
- * 1/2 cup non-fat dry powdered milk

Directions:

- ü Preaheat Oven: 300 degrees
- ü Grease or spray cookie sheets
- Mix dry ingredients in a large bowl.
- ü Add remaining ingredients and mix until blended. Dough will be stiff.
- ü Chill.
- Roll dough on a greased cookie pan and cut into shapes 1/2 inch thick.
 Bake for 1 hour.

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Recipe 3: Birthday Cake for Pups

Ingredients:

- * 1 1/2 cups brown rice flour
- * 1 1/2 teaspoons baking powder
- * 1/2 cup soft butter
- * 1/2 cup extra virgin olive oil
- * 1 jar baby food, meat, beef, strained
- * 4 eggs
- * 2 strips beef jerky -- (2 to 3)

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Directions:

- ü Preheat oven to 325 degrees.
- ü Grease and flour an 8x5x3 inch loaf pan.
- ü Cream butter until smooth. Add olive oil, baby food, and eggs. Mix until smooth. Mix dry ingredients into beef mixture until batter is smooth.
- Crumble beef jerky and fold into batter. Pour batter into loaf pan. Bake
 1 hour and 10 minutes. cool on wire rack 15 minutes. Ice with plain yogurt or cottage cheese.
- ü Store uneaten cake in refrigerator.

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Recipe 4: Bad Breath Banishers

Ingredients:

- * 2 cups brown rice flour
- * 1 Tablespoon activated charcoal (find this at drugstores, not the briquets!)
- * 3 Tablespoons canola oil
- * 1 egg
- * 1/2 cup chopped fresh mint
- * 1/2 cup chopped fresh parsley
- * 2/3 cup low fat milk

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Directions:

- ü Preheat oven to 400F.
- ü Lightly oil a cookie sheet.
- ü Combine flour and charcoal. Add all the other ingredients.
- Ü Drop teaspoonfuls on oiled sheet, about 1 inch apart.
- ü Bake 15-20 minutes.
- ü Store in airtight container in the refrigerator.

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